

# ROTAVIRUS PARENT FACT SHEET

## PARENT/GUARDIAN

Your child may have been exposed to: ROTAVIRUS

Rotavirus is a viral infection of the intestines.

### Need to stay home?

Yes, until diarrhea and vomiting have stopped for 24 hours.

If you think your child has Rotavirus tell your childcare provider or call the school.

### Symptoms

Your child may have watery diarrhea, vomiting, or fever. Aso may have a cough, runny nose, or ear infection. Illness may last 4 days or longer.

If your child has been infected, it may take 1 to 3 days for symptoms to start.

### Spread

- By eating or drinking contaminated food or beverages.
- By coughing or sneezing.
- By touching contaminated hands, surfaces, or objects.

### Contagious Period

A person is contagious for 1 to 2 days before to 10 days after symptoms start.

### Call your Healthcare Provider

- If anyone in your home has symptoms. There is a medical test to detect the virus. No specific treatment is available.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

### Prevention

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with the secretions from the mouth or nose or with stool and before preparing food or eating. Your child may need help with hand washing.
- Clean and disinfect any objects that come in contact with stool or secretions from the nose or mouth. This includes toilets (potty chairs), sinks, toys, and diaper changing areas. Use a product that kills germs.

For more information, please contact your local health department.

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-434-1690 & 775-887-2190 (after hours)

[Central Nevada Health District](#) (Churchill, Mineral, Eureka, Pershing Counties) 775-866-7535

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

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