

ROSEOLA PARENT FACT SHEET

PARENT/GUARDIAN

Your child may have been exposed to: ROSEOLA

Roseola is a viral infection that causes a fever and rash. It is the most common cause of rashes in children 6 months to 2 years of age.

Need to stay home?

Yes, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

If you think your child has Roseola, tell your childcare provider or call the school.

DO NOT give aspirin or salicylate-containing medicine to anyone under 18 years of age.

Symptoms

Your child may have a high fever that starts suddenly and generally lasts a few days. As the fever breaks, a rash appears on the child's belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay; the rash is not itchy or painful and is not considered contagious. Illness may last up to 7 days.

If your child has been infected, it may take 9 to 10 days for symptoms to start.

Spread

- By touching secretions from the nose or mouth.

Contagious Period

A person is contagious for 1 to 2 days before to 10 days after symptoms start. Most likely during the fever and before the rash appears.

Call your Healthcare Provider

- If your child has a fever and a rash.

Prevention

- Wash hands after touching anything that could be contaminated with the secretions from the mouth or nose. Your child may need help with hand washing.
- Clean and disinfect any objects that come in contact with stool or secretions from the nose or mouth. Use a product that kills germs.
- Roseola usually resolves without any treatment. Immunity to HHV-6 (or HHV-7) seems to be lifelong, meaning you only become ill from this once.

For more information, please contact your local health department.

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-434-1690 & 775-887-2190 (after hours)

[Central Nevada Health District](#) (Churchill, Mineral, Eureka, Pershing Counties) 775-866-7535

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

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