

CHICKENPOX PARENT FACT SHEET

PARENT/GUARDIAN

Your child may have been exposed to: Chickenpox

Chickenpox is a viral illness and is a common illness for children. It may be prevented by vaccination.

If you think your child has chickenpox:

- Tell your childcare provider or call the school.
- Keep your child home from childcare and school until all blisters have dried into scabs.
 - This is usually by day 6 after the rash began.

If your child has chickenpox they need to stay home, even if they previously had the chickenpox vaccine.

Do not give aspirin or salicylate-containing medicine to anyone under 18 years of age.

Symptoms

Your child will have a rash that begins as red bumps. The bumps will blister over and then form scabs. Your child may also have a fever.

If your child is infected, it may take 10-21 days for symptoms to begin.

Spread

- By touching the blister fluid or secretions from the nose or mouth of a person with chickenpox.
- By coughing or sneezing.

Contagious period From 1 to 2 days before the rash begins until all blisters have become scabs. Scabs usually form within 6 days.

Call your health care provider If someone in your home:

- develops a rash with fever. Your doctor will decide if treatment is needed. Do not go to a health care facility without calling first. You will be separated from others to prevent spread of illness.
- has been exposed to chickenpox and has not had chickenpox disease or vaccine in the past. This is especially important for those who are pregnant or immune compromised.

Prevention

- In Nevada, all children 18 months and older attending childcare or school must be vaccinated with varicella vaccine, have a history of disease, or have a legal exemption.
- Cover nose and mouth when coughing or sneezing.
 - Use a tissue or your sleeve.
- Dispose of used tissues in the trash.
- Wash hands after touching anything that could be contaminated with secretions from the nose and mouth, or fluid from the blisters.
 - Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth.
 - Use a product that kills germs.

For more information, please contact your local health department.

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-434-1690 & 775-887-2190 (after hours)

[Central Nevada Health District](#) (Churchill, Mineral, Eureka, Pershing Counties) 775-866-7535

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

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