

# Attention Nevada Livestock & Poultry Owners/Workers

Bird flu was recently detected in Nevada. Bird flu is a virus that usually affects birds but can also infect cows and sometimes people. It can cause the following symptoms in people:

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- Red/irritated eyes
  - Fever (temperature of 100°F [37.8° C] or greater) or feeling feverish
  - Cough
  - Sore throat
  - Runny or stuffy nose
  - Muscle or body aches
  - Headaches
  - Fatigue
  - Shortness of breath or difficulty breathing
  - Less common signs and symptoms may include:
    - Diarrhea
    - Nausea
    - Vomiting

**If you develop any of these symptoms after having contact with sick or dead animals, please:**

1. Stay away from others as much as possible until your symptoms start improving (ideally by staying home, but if that's not possible, by avoiding contact with others and wearing a face mask)
2. Contact your healthcare provider. Tell them you may have been exposed to bird flu.
3. Call the Nevada Office of State Epidemiology at **775-400-0333 (press 6)** so we can help you



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