

PNEUMONIA PARENT FACT SHEET

PARENT/GUARDIAN

Your child may have been exposed to: PNEUMONIA

Many different viruses and some bacteria can cause pneumonia.

Need to stay home?

Yes, until fever is gone and your child is healthy enough for routine activities.

DO NOT give aspirin or salicylate-containing medicines to anyone under 18 years of age.

Symptoms

Your child may have a runny nose, chills, muscle aches and a sore throat. Your child may sneeze and cough and be more tired than usual. Check your child for a fever. Symptoms last about 7 days.

If your child is infected, it may take up to 10 days for symptoms to start.

Spread

- By sneezing or coughing.
- By touching contaminated hands, surfaces, or objects.

Contagious Period

Shortly before and while your child has symptoms.

Call your Healthcare Provider

- If your child has a high fever, or a sore throat or a cough that does not go away.
- Antibiotics do not work for illnesses caused by a virus, including colds and certain respiratory infections.

Prevention

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with the secretions from the mouth or nose. Your child may need help with hand washing.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.
- DO NOT expose your child to second-hand tobacco smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

For more information, please contact your local health department.

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-887-2190 (24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

Email: dpbhepi@health.nv.gov