

# CAMPYLOBACTERIOSIS PARENT FACT SHEET

## PARENT/GUARDIAN

Your child may have been exposed to: Campylobacteriosis

Campylobacteriosis is a bacterial infection of the intestines.

If you think your child has campylobacteriosis:

- Tell your childcare provider or call the school.
- Keep your child home from childcare until 24 hours after diarrhea has stopped.
- School aged children do not need to stay home, unless they are not feeling well and/or have diarrhea and need to use the bathroom frequently.
- Anyone with campylobacteriosis should not go in lakes, pools, splash pads, water parks, or hot tubs until after diarrhea has stopped.

**Symptoms** Your child may have diarrhea (may contain blood and/or mucus), vomiting, or a fever. Your child's stomach may also hurt. These symptoms can last up to 5 days.

If your child is infected, it may take 2 to 5 days for symptoms to start.

## Spread

- By eating or drinking contaminated beverages (untreated water, unpasteurized milk, unpasteurized juice) or food (raw or undercooked meat or chicken).
- By touching hands, objects, or surfaces contaminated with stool.
- By handling infected pets or farm animals.

**Contagious period** The illness can spread as long as Campylobacter bacteria are in the stool.

**Call your health care provider** If anyone in your home has symptoms. Your doctor can test for Campylobacter and may decide you need to be treated with an antibiotic.

## Prevention

- Wash hands after using the toilet and changing diapers. Wash hands before preparing food or eating. Your child may need help with handwashing.
- Puppies, kittens, or farm animals can cause Campylobacter infection. Wash hands after touching pets and farm animals.
- Clean and disinfect any objects that come in contact with stool.
  - This includes toilets, potty chairs, sinks, toys, and diaper changing areas. Use a product that kills germs.
- Avoid swallowing water in lakes, pools, splash pads, water parks, or hot tubs.

- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces, especially after handling or cutting raw meat.

**For more information, please contact your local health department.**

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-887-2190 (24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

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