

BRONCHITIS PARENT FACT SHEET

PARENT/GUARDIAN

Your child may have been exposed to: BRONCHITIS

Bronchitis/bronchiolitis are respiratory illnesses caused by viruses or bacteria.

If you think your child has bronchitis:

- Tell your childcare provider or call the school.
- Keep your child home from childcare and school until fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities.
- Do not give aspirin or salicylate-containing medicines to anyone under 18 years of age.

Symptoms Your child may have a runny nose and fever. Cough starts out dry and harsh and becomes looser after your child has been sick for a while.

Your child may have a sore throat. The cough can last 1 to 2 weeks.

Spread By sneezing or coughing. By touching contaminated hands, objects, or surfaces.

Contagious period Shortly before and while your child has symptoms.

Call your health care provider If your child has a high fever, sore throat, or cough that does not go away.

Antibiotics do not work for illnesses caused by viruses, including some types of bronchitis.

Prevention

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve.
- Dispose of used tissues in the trash.
- Wash hands after touching anything that could be contaminated with the secretions from the mouth or nose.
 - Your child may need help with handwashing.
- Do not share anything that goes into the mouth, such as drinking cups, straws, and water bottles.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.
- Do not expose your child to second-hand tobacco smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

For more information, please contact your local health department.

[Southern Nevada Health District](#) (Clark County) 775-759-1300 (24 hours)

[Northern Nevada Public Health](#) (Washoe County) 775-328-2447 (24 hours)

[Carson City Health & Human Services](#) (Carson City, Douglas, Lyon Counties) 775-887-2190
(24 hours)

[Division of Public and Behavioral Health](#) (All other Counties) 775-400-0333 (24 hours)

Email: dpbhepi@health.nv.gov